

Authentic Indian cuisine awaits you

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THE OWNER OF THE RAJKOT, Bharat Lakha, head-hunted his young team for his kitchen from some of the finest eateries in New Delhi and Rajkot in the Gujrat region of India. His aim was to create a selection of diverse and authentic indian cuisine using multi-cultural staff and in doing so he has created a simple menu containing some tasty dishes.

They boast speciality dishes such as Rajkot machi & Mogol masala and they are always keen to experiment with new ideas including their Fresh Tapas menu.

Chris Hall, the editor of the Times&Citizen, recently visited the restaurant and had this to say, "Before last week I hadn't been to this tiny tapas bar, which is celebrating its first anniversary tomorrow, but straight

away it made all the right impressions - offering individually-prepared meals, fresh ingredients, a simple but intriguing menu inspired by the Gujrat region, and a novel approach to Indian dining which works so well that in retrospect it amazes me no-one has tried it before."

Make sure you visit this great little restaurant soon. the tastes will amaze you



RAJKOT

Indian Tapas

Restaurant & Bar

123 High Street, Bedford
MK40 1NU

Tel: **01234 303300**

Open: Sun-Mon 6pm - 11pm
and Tues-Sat 6pm - Midnight



Now for something completely different

Have you ever tried Polish cuisine? Now is your opportunity!

WELCOME TO GOSPODA which basically means 'restaurant' in Polish. It conjures up images of long-established eating places that serve up time honoured regional recipes.

The restaurant has a great menu that includes cabbage, sausages, meatballs and plenty of polish groates.

If you like soup you'll love the Gospoda's specialities. A couple of recommendations to try are their barley soup called Krupnik. Its warming and substantial, a clear broth and jolly tasty!

Don't be shy to try Barszcz a beetroot soup full of flavour and very traditional eastern European. On average a dinner-for-two will cost around £34, including drinks, and it comes with a great service. Here's some examples of their menu:

Zupa Grochowa £ 2.95
Yellow split peas soup with chopped smoked sausage and bacon

Barszcz Czerwony £ 2.95
Polish traditional beetroot soup served with "JASIEK" butter beans

Bigos £ 8.00

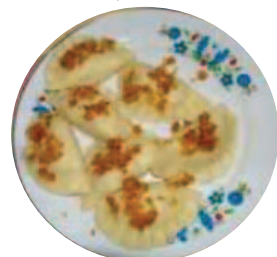
A traditional hunter's stew: a mixture of seasoned shredded barrel-cured cabbage, bacon, sausage and fine pieces of pork and beef, simmered slowly with a splash of red wine

Pierogi Ruskie £ 5.95

Dumplings filled with a mixture of seasoned soft cheese and mashed potatoes

Sledz Po Malopolsku

Marinated Baltic herring spiked with herbs cream and boiled egg on bed of salad



GOSPODA

Polish Restaurant

41 St Cuthbert's St,
Bedford MK40 3JG

Tel: **01234 272053**

Open: Mon-Fri 9am - 2.30pm

Thurs-Sat 6.30pm-10pm

Saturday 10am-2.30pm